



COSTA RICA

JANUARY 12-16, 2026



the 1990s, the incidence of *S. flexneri* has increased in the United Kingdom [10]. In the United States, *S. flexneri* has been reported to be the most common serotype of *Shigella* isolated from children with shigellosis [11].

There is a paucity of data on the epidemiology of *S. flexneri* in the United Kingdom. In the 1980s, *S. flexneri* was the most commonly isolated *Shigella* serotype from patients with shigellosis in the United Kingdom [12]. In the 1990s, *S. flexneri* was the most commonly isolated *Shigella* serotype from patients with shigellosis in the United Kingdom [13]. In the 1990s, *S. flexneri* was the most commonly isolated *Shigella* serotype from patients with shigellosis in the United Kingdom [14]. In the 1990s, *S. flexneri* was the most commonly isolated *Shigella* serotype from patients with shigellosis in the United Kingdom [15].

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WELCOME

Congratulations to everyone traveling to Costa Rica. Join us as we embrace the Pura Vida life in the beautiful country of Costa Rica. This perfect destination will be our home for four (4) nights, January 12-16, 2026, with Jr. Suite Ocean View rooms at the Hotel Riu Palace Costa Rica, located in Guanacaste region of Costa Rica on the edge of Matapalo beach.

This booklet has been created to serve as your guide, offering an in-depth overview of what awaits you on this exceptional adventure. On the following pages, you will find essential travel information, detailed program highlights, and a daily itinerary to ensure your journey is smooth, enjoyable, and truly unforgettable.

For additional information and helpful links, please visit your trip website at:

www.Field2026.com

TRIP PACKAGE INCLUSIONS

The Wick Buildings Trip Package Includes:

- Round-trip air transportation between origin city and Liberia International Airport, Costa Rica
- Airport meet & greet
- Round-trip transfers between Liberia airport and Hotel (group arrival & departure days only)
- Accommodations for four (4) nights at Hotel Riu Palace with Jr. Suite Ocean View room
- Bellmen & housekeeping gratuities
- All-inclusive food & beverage program at Hotel
- Arrival evening cocktail reception
- Hospitality desk manned daily
- Post-departure travel insurance

The Wick Buildings Trip Package Does Not Include:

- Airline baggage fees
- Pay-for airline seats
- Meals & drinks outside the hotel all-inclusive food & beverage package
- Optional tours
- Telephone calls
- Gift shop purchases
- Spa services
- Golf
- Laundry & dry cleaning services

Any other items not specifically mentioned as included as part of your trip package will be at your own expense.



WELCOME TO COSTA RICA

With a total of more than 400 miles of coast line, the Guanacaste area comprises the Pacific Coast area from the border of Nicaragua to the Bongo River estuary in the Nicoya Peninsula, and boasts a significant number of protected areas including water, land, mountain, and coastal ecosystems that are teeming with life. The incomparable beauty of its landscapes, which ranges from tropical dry forests to lowland mountain forests, its warm climate, as well as its flourishing nature have made Guanacaste one of the most bustling areas to visit by locals as well as international tourists.

“Pura Vida!”

In Costa Rica, "Pura Vida" is a common phrase meaning "pure life" or "simple life," but it's more than just a literal translation. It's a lifestyle and an attitude of appreciating the simple things, being positive, and enjoying life. It can be used as a greeting, a farewell, to say everything is okay, or to express general well-being.



HOTEL RIU PALACE COSTA RICA



The Hotel Riu Palace Costa Rica is an all-inclusive hotel situated between the exotic forests and unspoiled beaches of Costa Rica's north pacific Guanacaste region. This all-inclusive hotel offers all meals and drinks with varied buffet for breakfast and dinner, and a la carte options at 5 themed restaurants and 7 bars.

An ideal location on the edge of Matapalo beach, the hotel also includes 4 swimming pools (one with swim up bar) along with poolside service, jacuzzi, gym, sauna, themed parties and live music, and there are a variety of sports and activities like table tennis, volleyball, windsurf, sailing, snorkeling equipment, kayaks, and more. Snacks are available 24 hours a day.

The Hotel Riu Palace Costa Rica provides a perfect background for living Pura Vida (a simple or pure life) and we can't wait to celebrate with you!

HOTEL RIU PALACE COSTA RICA

Playa Matapalo, Carrillo,

Guanacaste Province, Sardinal, Costa Rica

Phone: 011 506 2681 2300

FLIGHT INFORMATION

FLIGHT ITINERARY AND CONFIRMATION

Your airline flight itinerary along with confirmation number and important flight information are located in your travel documents.

PLEASE READ OVER THE FLIGHT INFORMATION CAREFULLY. Your airline tickets are electronic, so you will need your passport when checking-in.

ONLINE CHECK IN - OPTIONAL & NOT AVAILABLE ON ALL FLIGHTS

Beginning 24 hours prior to scheduled departure, you may be able to check-in online. Online check-in varies by destination and airline. Have your flight confirmation # and passport ready, as it will be required. You can also check in at the airport and have your boarding passes printed at the front counter if you desire.

NOTE: Cornerstone Travel Group and Wick Buildings accept no responsibility for losses or additional expenses due to delays, cancellations or changes in plane, bus or other services, sickness, weather or strikes, or other causes. All such losses or expenses will be borne by the passenger.

24/7 FLIGHT SUPPORT TEAM 1-877-580-0786 or 303-876-4247

Our 24/7 Flight Support Team is available to assist you with flight delays and cancellations 24 hours a day. Please have your confirmation # (highlighted in yellow on your flight itinerary sheet) available to give to the agent. If an airline cannot re-accommodate you to your satisfaction or you choose another airline, you are responsible for payment for these flight changes.

FLIGHT STATUS

Your best option for keeping track of your flights is to download the airline's App from Google Play or The App Store. **IT IS YOUR RESPONSIBILITY TO CHECK THE STATUS OF YOUR FLIGHT.** You can find your flight status by going directly to the airline website or mobile App and entering your flight information for updates. Some airlines allow you to be notified by text or email of a flight delay or cancellation.

FLIGHT DELAYS

If your flight is delayed, it is important that you still go to the airport and check in as normal; delayed times often change, or in the case of a missed connection, the airline will need to reaccommodate you.

REIMBURSEMENT FOR DELAYED/CANCELLED FLIGHTS

If an airline cannot re-accommodate you to your satisfaction, or you choose another airline, **you will be responsible for payment or change fees for flight changes.** You may be entitled to reimbursement depending on the situation. Keep all receipts (i.e. air, hotel, food, etc.) for documentation.

FLIGHT DELAY/CANCELLATION

(Please look at ALL OPTIONS for assistance)

Even if your flight is delayed or cancelled, it is important that you still go to the airport. By being present at the airport, you maximize your chances for prompt rebooking, real-time support, and access to a wider range of solutions. Get in line to speak with customer service or a gate agent. While in line, you can also utilize the below options.

- **Automatic Rebooking:** In some cases, airlines will proactively rebook you on the next available flight. You will typically receive a notification via email, text message, or within the airline's app, containing your new itinerary and instructions for further action if necessary.
- **Online Rebooking:** Most airlines provide passengers with the ability to rebook their flights directly through the airline's website or App. After accessing your reservation, you can review updated schedules, select from available alternative flights, or make new arrangements as necessary.
- **Mobile App Support:** Airlines often have user-friendly apps allowing you the ability to use a chat tool to change your reservation on the go. This is particularly helpful for travelers who need to make quick decisions while at the airport or in transit.
- **Call The Airline:** You can call the airline to be re-accommodated on the next available flight. Please have your flight confirmation # handy, as it will be required. Although most reservations agents are very helpful during this time, if you experience difficulties or are not satisfied with assistance, please hang up and call the airline again until you are fully assisted.
- **Flight Support Team Helpline:** You can contact our 24hr Flight Support Team Helpline at 1-877-580-0786 or 303-876-4247. Please have your confirmation # (highlighted in yellow on your flight itinerary) available to give to the agent. Due to changing airline rules and restrictions, the Flight Support Team has restrictions on the changes we can make to your reservation during such events.

PRE TRAVEL INFORMATION

AIRLINE SEATING

Cornerstone Travel Group is unable to guarantee seat assignments prior to checking in for your flight. Every effort will be made to secure seats, however, many airlines are holding a large number of seats for frequent fliers, credit card holders and pay for seat options, and exact seating assignments cannot be guaranteed.

PASSPORT REQUIREMENTS

You will need to provide the airline with your passport when checking in. For international travel, a Passport Book (not Card) is required. ***We recommend having at least 6 months of validity left. Visit www.travel.state.gov for the most up-to-date requirements.***

The name on your airline ticket and passport MUST match; first, middle, and last names as they appear on your passport (suffix not needed). If your airline tickets do not match your passport, you may be denied boarding. Please take a minute now to compare names on your passport to your flight itinerary in your travel documents. If anything is incorrect, please call Cornerstone Travel Group at 1-800-876-1187.

SAFEKEEPING OF DOCUMENTS

Make 2 copies of your passport and a copy of the front and back of the credit cards you are taking with you. Leave a copy of each with someone you trust who is not traveling with you. In the unlikely event your passport or credit cards are lost, stolen, or compromised, it will speed things up. Carry the 2nd copy of your passport with you when you leave the property, leaving your actual passport in the safe in your room. Remember to retrieve your passport when checking out of the hotel for your return flight home.

BAGGAGE RESTRICTIONS AND FEES

You are responsible for paying all airline and baggage fees when you check in for your flight. Please visit your airline's website for current baggage allowances, fees and restrictions. **The airline WILL charge you a fee for oversized, overweight or extra baggage. If your bags are delayed, lost, or damaged, report this to the airlines immediately.**

BAG TAGS

Please affix one of the enclosed bag tags to each piece of your checked baggage. Proper tags will ensure that hotel staff correctly identify your bags as belonging to the group.

PRE TRAVEL INFORMATION

PACKING HINTS & DRESS SUGGESTIONS

T-shirts and shorts are acceptable in most places. Loose-fitting long-sleeve shirts and pants are recommended to protect your skin from exposure if hiking. We recommend that you bring a hat to block the sun from your face and neck. Pack a light sweater or jacket for trips to higher elevations and any rainforest excursions. Sturdy sneakers or hiking boots are recommended for sightseeing and hiking. Resort casual attire is acceptable at all Wick Buildings events. Other items to remember, depending on your preferred activities, are swimsuits, binoculars, insect repellent and **eco-friendly sunscreen**.

ELECTRICITY

Costa Rica operates on the US 120 Volt System. You will NOT need a converter to charge your devices or use outlets.

CURRENCY

The Colon is the currency in circulation and the medium of exchange in Costa Rica. Credit cards (Visa, Master Card, and AMEX) are widely accepted in hotels, better restaurants, and major stores. At the time this went to print, \$1 US is worth approx. 500 Colon. US Dollars are also accepted in most all shops. Consider taking small bills for shopping or tipping, as it may be difficult to "break a \$20".

TIME DIFFERENCE

Costa Rica is on Central Standard Time, but does not change for daylight savings. During your stay, if its 12:00pm in Wisconsin, its 12:00pm in Costa Rica.

CREDIT CARDS

Before you travel, you should contact your credit card company and tell them where you are going and the dates you will be gone. Use the 800 number on the back of your credit card to call and tell them you are traveling abroad.

CLIMATE

January falls within Costa Rica's dry season. Temperatures will typically reach a high of 88° F during the day and a low of 71° F at night.

WI-FI COVERAGE & INTERNET ACCESS

Wi-Fi, suitable for web browsing, email, and messaging is included for all guests.

PRE TRAVEL INFORMATION

CELL PHONES

Many cell phones work internationally. Please consult your carrier for rates & temporary international plans. Local and long-distance calls may be placed from your guestroom, however, it is quite costly. We suggest downloading the app "WhatsApp" before traveling and using it to call home via Wi-Fi (the person you're calling also needs to download the app). NOTE: When calling home, you may need to dial 001 before the area code and phone number.

WICK BUILDINGS HOSPITALITY DESK & BULLETIN BOARD

This is where to come to book your tours, ask questions, seek help or whatever you need. Cornerstone Travel Group will have staff in the hotel's lobby from 8:00am - 4:00pm daily.

PERSONAL EXPENSES

Items such as meals outside the hotel, optional tours, spa treatments, activities not included in your program, gift shop purchases and any other items not specifically mentioned as included will be at your own expense.

IN-ROOM SAFE

In-room safes are included in every room. Guests are advised to store all valuables including your passport in your safe. Be sure to retrieve them prior to checking out.

GRATUITIES & TIPPING

Gratuities are included on any item included in your trip such as housekeeping services and included meals and beverages. You may wish to acknowledge excellent service for someone who has gone the extra mile to assist you; however, it is not required and is a personal choice.

SMOKING POLICY

Smoking is prohibited in all indoor areas, such as hotel rooms, enclosed restaurants, and buffets. Smoking is allowed in designated outdoor areas.

POST DEPARTURE TRIP INTERRUPTION INSURANCE (included)

As part of your package, Post Departure Trip Interruption Insurance is included. This insurance begins once you have arrived at your destination. This is not trip cancellation insurance. A copy of your policy is included in your travel documents Please look it over for maximum benefits and take it with you. trip.

AT THE AIRPORT

Monday, January 12, 2026

Arrive at the airport early to allow adequate time for checking bags, completing security screening and getting to the departure gate.

IMPORTANT TRAVEL DETAILS

- Please arrive at the airport 3 hours prior to your international flight. Having you at the airport prior to your flight helps to re-book you in the event of flight delays/cancellations. Heightened security means longer wait times. You may be denied boarding and lose your seat if you are not checked-in 60 minutes prior to departure. **Any checked baggage must be checked in no later than 60 minutes prior to departure.**
- Your valid passport will be required at check-in.
- You are allowed one (1) carry-on bag not to exceed 9" x 14" x 22" plus one (1) personal item; such as a purse, briefcase or laptop onboard the plane.
- You are allowed to bring a quart-sized bag of liquids, aerosols, gels, creams and pastes in your carry-on bag and through security checkpoints. These are limited to travel-sized containers that are 3.4 ounces (100 milliliters) or less per item. Placing these items in the small bag and separating from your carry-on baggage facilitates the screening process. Pack items that are in containers larger than 3.4 ounces or 100 milliliters in checked baggage. Any liquid, aerosol, gel, cream or paste that alarms during screening will require additional screening.
- No knives of any size, straight razors, scissors over 4 in. in length, arc lighters, plasma lighters, electronic lighters, E-lighters or knitting needles are allowed in your carry-on. These items must be placed in your checked baggage. A list of these and other items can be found on the TSA website.
- You may be asked to remove personal electronic devices larger than a cell phone from your carry-on bag and place them into a bin with nothing placed on or under them for X-ray screening. Common examples of these devices include laptops, tablets, e-readers and handheld game consoles. This does not include items such as hair dryers, electric shavers or electric toothbrushes.
- Prescription medication should be in its original container and kept with you at all times in your carry-on bag. **DO NOT put medication in your checked baggage.**

THESE RESTRICTIONS ARE SUBJECT TO CHANGE AT ANY TIME.

<https://www.tsa.gov/travel/security-screening>



DAILY ITINERARY

Monday, January 12, 2026

ARRIVAL TRANSFERS

Once you have landed in Costa Rica, please proceed through the customs and immigration process. Once you have completed the process and retrieved your baggage, proceed out of the customs area and look for staff holding Wick Buildings signage. They will then direct you to your waiting transportation. Transfer time to the hotel is approximately 45 minutes.

CHECK IN AT THE HOTEL

Upon arrival at the hotel you will be led to the check-in desk. Check-in time is 3:00pm and rooms may not be available prior to that time. Pre-tipped bellmen will deliver your luggage to your room when available.

5:00pm – 6:00pm

WELCOME TO COSTA RICA COCKTAIL RECEPTION - MELODY BAR

Please join Wick Buildings this evening from 5:00pm - 6:00pm at the Melody Bar as we welcome you to Costa Rica with a group cocktail reception and light hors d'oeuvres.



DAILY ITINERARY

Tuesday, January 13 - Thursday, January 15, 2026

8:00am - 4:00pm

HOSPITALITY DESK OPEN - LOBBY

For your convenience, a Wick Buildings hospitality desk will be available for you just off the main lobby. Please stop by the desk if we can assist you with things to do or if you have questions.

LOOKING FOR THINGS TO DO?

The hotel has a gym, table tennis, volleyball, windsurf, sailing, snorkeling equipment, kayaks and other water activities. There is also a Spa (\$) at the hotel and a golf course (\$) nearby.

Optional tour ideas:

National Park Rincon de la Vieja

Safari Park

Zip Line

Stop by the Hospitality Desk to see available tours



DAILY ITINERARY

Friday, January 16, 2026

Departure times from hotel:

9:30AM

CHICAGO/GRAND RAPIDS/MADISON

11:15AM

KANSAS CITY

Please be in the lobby and ready to leave at your designated time.



RESTAURANTS

Hours are subject to change without notice

ARENAL (Buffet)

Breakfast: 7:00am - 10:30am

Dinner: 6:00pm - 9:30pm

L'ANFORA (Italian)

Lunch/Dinner: 12:30pm - 10:30pm

PAPAGAYO (Steakhouse)

Lunch: 12:00pm - 3:30pm

Snacks: 3:30pm - 5:30pm

Dinner: 6:15pm - 8:30pm

KRYSTAL (Fusion Gourmet)

Dinner: 6:15pm - 8:30pm

TOKIO (Japanese)

Dinner: 6:15pm - 8:30pm

No Reservations Needed/First Come First Served



BARS

Hours are subject to change without notice

DAQUIRI

10:00am - 12:00midnight

STARS

7:00pm - 12:00midnight

MELODY

6:00pm - 11:00pm

COCONUT

10:00am - 6:00pm

LOUNGE 24

Open 24 hours

CAPUCHINO

10:00am - 12:00midnight

NOTES



Cornerstone Travel Group, Inc.
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RESPONSIBILITY CLAUSE:

I understand that Cornerstone Travel Group acts only as an agent for airlines, tour companies, hotels, cruise lines, ground operators, and other suppliers and does not assume responsibility for any negligent act, bankruptcy, omission, wrongful misconduct or misrepresentation by those providing transportation or other services. They or Cornerstone Travel Group also accept no responsibility for losses or additional expenses due to delays or changes in plane, bus or other services, sickness, losses, terrorism, weather or strikes, or other causes. All such losses or expense will be borne by the passenger. The responsibility of the transportation companies is limited in accordance with their respective passage contracts. No revisions to this itinerary or price is planned, however, the right to do so is maintained. The right is also maintained to retain or decline membership to any person in this tour either before or during the trip. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their aircraft. The passenger ticket in use by the airline companies, when issued, shall constitute the sole contract between the airlines and the purchaser of these tickets and/or passenger. Therefore, individual members are encouraged to examine their personal insurance to make sure they are adequately covered or purchase travel insurance prior to the trip.